



## Ohio River Recreational Trail Voyager Canoe Trip June 1 to 9, 2019 - Equipment List Stored in 3 waterproof bags

Overall considerations: The simpler and more efficient your equipment setup, the more time you'll be able to spend enjoying yourself rather than packing/unpacking.

**Waterproof Bag # 1: On Shore – Camp** to be stored in a large waterproof bag or duffel with plastic bags inside. The Camp clothes will be transported by truck/trailer from camp to camp. The Equipment will be tied onto the trailer.

- Sleep system: Tent, sleeping bag and pad
- Flashlight or headlamp
- Toiletries and a towel
- Cell phone and other electronic devices batteries and charging systems.
- Eating utensils - Spoon / fork or spork and bowl with a locking lid, ex. smallish rubbermaid container with lid; if you want oatmeal make sure the bowl can hold hot liquids - and a system to wash them.
- Camp Clothes (ranging from 32°F Gale Force Wind/Rain to bright sun and air temps in the 90's) Note that camp clothes should be "sacrosanct" and NEVER used on the water. Consider packing your clothes in gallon sized ziplocks.
- Personal first aid kit.
- Camp Chair (optional)
- Any other items you so choose to entertain yourself and others in the evenings.

Your tent floor and rainfly will be wet or damp with dew when we break camp each morning, consider isolating these items from the rest of your on-shore gear with an additional garbage bag or dry bag.

**Waterproof Bag # 2: Food** Each day participants will select from the expedition food stores for the day. Bring along a Tupperware-like sealable container. You'll be putting your breakfast, lunch and snack foods in the bowl and small dry bag. Bring a large water bottle or camelback, minimum recommended total volume 2L.

**Waterproof Bag # 3: On Water equipment:** A third waterproof bag with gear you want during the day.

- On Water Clothing (ranging from 50°F water and 32°F Gale Force Wind/Rain to warm water, sun and air temps in the 90's) We recommend synthetic fabrics that will breathe, wick sweat, and provide some protection from the sun. You must dress for complete immersion while paddling even warm sunny days, the water temperature must be considered. Some folks prefer swimwear, shorts and a t-shirt, while others wear light weight long sleeved UPF shirts and pants.
- A complete change of clothes including extra socks and walking shoes while on shore.

- Hat for sun protection
- Seat padding - your canoe seat is a wooden plank. Consider bringing a small pad for your tush.
- Gloves for paddling - bike gloves work
- Rain Gear and hat for foul weather
- Paddling shoes that protect your feet and ankles – no flip flops
- Sunglasses – and glasses strap
- Bug repellent, sunscreen and SPF lip balm.
- Small first aid kit and toilet paper.
- Roll of quarters for pay phones when cell phones do not work - do we still have pay phones?
- Your ID, some cash and credit for emergencies or for expenses in Rivertowns. We provide the food, but alcohol, other incidentals, or the occasional hotdog is on you.
- An additional headlamp with spare batteries – for night paddling, (1 for shore and 1 for water.)

**\* Just like camp, write your name on everything so when we find your shirt left behind, we know who's it is.**

**Optional items:**

- Cell phone and back up battery - in a waterproof case
- Camera and back up battery - in waterproof bag or box
- Your own PFD and paddle - we will provide both but if you want your own, you are welcome to use them.
- Personal snacks - we will be providing all breakfasts, lunches and snacks, but if you have some special treat that you wish to share after paddling 10 hours, bring it with you and surprise everyone in the boat.
- Watch, GPS, Drone, or other electronic things.
- Harmonicas, kazoos or inspirational reading material to entertain and engage your paddling partners. No bagpipes.
- Umbrella for rain and to use as a handheld sail.
- **IMPORTANT** -- Other equipment and supplies that you deem necessary for safe and efficient river cruising in all kinds of weather and conditions on the water or land.